If you have been to Sierra Leone, Guinea, Liberia, Nigeria, or Democratic Republic of Congo in the past month, there is a possibility that you may have been exposed to Ebola.

What is Ebola? Ebola is the cause of a viral hemorrhagic fever disease. Symptoms include: fever, headache, joint and muscle aches, weakness, diarrhea, vomiting, stomach pain, lack of appetite and abnormal bleeding. Symptoms may appear anywhere from 2 to 21 days after exposure to Ebola virus, though 8-10 days is most common.

How does Ebola spread? You can only get Ebola from contact with bodily fluids from a person who is sick with or has died from Ebola, or from exposure to contaminated objects, such as needles.

Are you from that area or have you traveled there in the past month?

Yes, and I had contact with someone who was diagnosed with Ebola.

Stay calm. Get informed:
"Contact" means you were in
direct contact with body fluids
(blood, vomit, sweat or semen)
from a person with Ebola.

If this defines you, immediately contact:

Enter Contact Agency / logos here.

Yes

Stay calm. Get informed:
A non-sick, returning person
who has not had contact does
not need to take any special
precautions.

Monitor yourself for any of the following symptoms:

Fever Stomach Pain
Weakness Lack of Appetite
Headache Abnormal
Vomiting Bleeding
Diarrhea Joint & Muscle

If you experience any of the symptoms,

immediately contact:

No

Stay calm. Get informed.

You can't get Ebola through air. You can't get Ebola through water. You can't get Ebola through food.

You can only get Ebola from contact with bodily fluids from a person who is sick with or has died from Ebola, or from exposure to contaminated objects, such as needles.

No, but I know someone that has been to an affected area.

Stay calm. Get informed. Share this information.

Ebola is not spread like a cold or flu.

You can live with a roommate or attend class with a student who has been to an affected area without putting yourself at risk.

You can only get Ebola from contact with bodily fluids from a person who is sick with or had died from Ebola, or from exposure to contaminated objects such as needles.









