



MEDIA ADVISORY

Oct. 22, 2014

Food Day Forum: Community Health Action Teams (CHATs) consider ways to improve access to healthy foods across Sarasota County

SARASOTA COUNTY—The Florida Department of Health in Sarasota County in partnership with All Faiths Food Bank, the UF/IFAS County Extension, the Community Health Improvement Partnership (CHIP) and Healthy Sarasota County is hosting a countywide ‘Food Day’ Forum on National Food Day, Friday, Oct. 24.

‘Food Deserts’ exist in north Sarasota and North Port making it difficult for families to access healthy foods. As a result, local health officials say that 1 in 4 children in Sarasota County are unsure about where their next meal will come from or the quality of their food. Additionally, fewer than 10 percent of Sarasota adults eat the recommended amount of fruits and vegetables.



Photo Opportunities and Media Interviews Available

WHAT: Roundtable Discussions to explore existing strengths and barriers to communities being able to access healthy foods, and consider model practices worthy of adopting locally.

WHO: Community Health Action Teams from Newtown, Laurel/Osprey/Venice/Nokomis, North Port and Englewood will develop strategies to improve access to healthy foods.

WHEN: Friday, Oct. 24, 8:30-11:30 a.m.

WHERE: Historic Spanish Point, 337 N. Tamiami Trail, Osprey

Healthy Sarasota County works to make well-being thrive throughout our community. We partner with both public and private organizations to accelerate their progress toward better health. For more information, visit www.healthysarasotacounty.org.

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MEDIA NOTES:

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Websites:

www.sarasotahealth.org

www.healthysarasotacounty.org

www.chip4health.org

www.FoodDay.org