SCGOVHEALTH

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Free and low-cost health services available during January

In January, the Sarasota County Health Department's Health In Motion Mobile Medical Unit staff will provide free and low-cost health services at 17 sites around the county. In addition, the Health In Motion staff will participate in two special events.

The first event is the Multicultural Health Institute's "Start your New Year Right!" at the Hyatt Regency Hotel Tropics Lounge, 1000 Boulevard of the Arts in Sarasota, on Friday, Jan. 7, from 6:30-9 p.m. The second event is at the South Venice Civic Association, 720 Alligator Drive in Venice, on Saturday, Jan. 8, from 10 a.m.-2 p.m.

The services offered at all sites include diabetes education and screening, blood pressure tests, pregnancy testing, HIV and tuberculosis testing, adult immunizations and health education. The staff also assists individuals who lack medical insurance and do not have a health care provider to find a medical home for ongoing health care.

No appointment is needed. Some services are free, including HIV rapid testing with results in 20 minutes. Other services are provided on a sliding-fee scale based on income. Licensed volunteer physicians from the Senior Friendship Centers provide basic medical care when the mobile medical unit is at the Salvation Army in Sarasota. A registered nurse is available at all sites.

The following is a schedule of dates and locations for the mobile unit:

SARASOTA

Thursdays, Jan. 6, 13, 20 and 27, 9:30 a.m.-3 p.m. Salvation Army 1400 10th St.

Friday, Jan. 7, 6:30-9 p.m. Multicultural Health Institute's "Start your New Year Right!" event Hyatt Regency Hotel Tropics Lounge 1000 Boulevard of the Arts

Mondays, Jan. 10 and 24, 9:30 a.m.-noon Selby Goodwill Jobs Center 1781 Dr. Martin Luther King Jr. Way Mondays, Jan. 10 and 24, 1-3 p.m. Newtown Estates Park 2800 Newtown Blvd.

Monday, Jan. 3, 9:30 a.m.-noon Orange Avenue Housing Authority property 1912 N. Orange Ave.

Mondays, Jan. 3 and 31, 1-3 p.m. Arizona Multi-Services Center 3900 N. Washington Blvd.

Monday, Jan. 31, 9:30 a.m.-noon McCown Tower 1300 Blvd. of the Arts

LAUREL

Wednesday, Jan. 19, 2-5 p.m. U.S. Department of Agriculture (USDA) food distribution program Sandra Sims Terry Community Center 509 Collins Road

<u>NOKOMIS</u>

Wednesday, Jan. 19, 9:30 a.m.-noon The Community Pharmacy of Sarasota County 225 Tamiami Trail S.

VENICE

Tuesdays, Jan. 11 and 25, 9:30 a.m.-noon Goodwill Center – The Rialto 650 S. Tamiami Trail

Tuesdays, Jan. 11 and 25, 1-3 p.m. Habitat for Humanity ReStore 1400 Ogden Road

Wednesday, Jan. 12, 9:30 a.m.-3 p.m. The Salvation Army Family Store 1160 U.S. 41 Bypass South

Special event Friday, Jan. 8, 10 a.m.-2 p.m. South Venice Civic Association 720 Alligator Drive

ENGLEWOOD

Tuesdays, Jan. 4 and 18, 9:30 a.m.-noon Englewood Goodwill Center 410 Indiana Ave.

Tuesdays, Jan. 4 and 18, 1-3 p.m. Englewood Helping Hands 700 E. Dearborn St.

NORTH PORT

Friday, Jan. 7, 9:30 a.m.-noon U.S. Department of Agriculture (USDA) food distribution program St. Nathaniel's Episcopal Church 4200 S. Biscayne Drive

Wednesdays, Jan. 5 and 26, 9:30 a.m.-noon Walmart Supercenter 17000 Tamiami Trail

Wednesday, Jan. 5 and 26, 1-3 p.m. Grande Court Apartments at North Port 5203 Greenwood Ave.

For more information, contact the Sarasota County Call Center at 941-861-5000, or visit www.sarasotahealth.org to view the calendar or to submit a special event request. Anyone without computer access can visit a health kiosk at any of the eight Sarasota County libraries or at any Senior Friendship Center.